

OFFICE OF PUBLIC INSTRUCTION

PO BOX 202501 HELENA MT 59620-2501 www.opi.state.mt.us (406) 444-3680

888-231-9393 (406) 444-0169 (TTY) Linda McCulloch Superintendent

IDEAS FOR USING COMMODITY FOODS

Bakery Mix

Biscuits (cheese) (serve with honey butter)
Pancakes
Biscuits on chicken pot pie
Biscuits and gravy
Sweet rolls
Muffins
Coffee cake
Fruit cake (use canned fruit)

Pineapple

Hawaiian pizza (ham and pineapple)

Jell-O-flavored pineapple (sprinkle Jell-O powder over fruit)

Fruit salad

Calzones (ham and pineapple)

Sweet-n-sour sauce

Pineapple upside-down cake

Fruit crisp

Muffins

Juice for breakfast (use drained juice)

Dip apple slices in pineapple juice to preserve color

Use drained juice in corn bread or other bakery foods

COMMODITY FOODS (Continued)

Blueberries

Coffee cake
Blueberry biscuits (glazed)
Blueberry muffins
Blueberry crisp
Topping for hot oatmeal or other breakfast cereals
Blueberry sauce or syrup
Blueberry pudding cake
Blueberry/apple crisp
Blueberry parfait
Blueberry pie
Crunchy-topped blueberry pie

Dried Cherries/Cranberries

Cranberry/broccoli salad
Trail mix (add to)
Add to cookies, muffins, yeast breads (grind or use whole)
Add to salad bar
Dip in white or dark chocolate and add to trail mix
Add to chicken/turkey salad sandwiches

Salsa

Chicken enchiladas Tacos Chili Quesadilla Mexican rice Spaghetti Chicken fajitas Eggs Breakfast burritos Burritos Meat loaf Taco salad Super nachos Breakfast pizza Taco potatoes (or use on potato bar) Pizza burger Indian tacos Lasagna Taco soup Mexican pizza

COMMODITY FOODS (Continued)

Diced Chicken

Salad bar
Quesadilla
Tacos
Chicken noodle soup
Chicken salad
Chicken and noodles
Enchiladas
Chicken tetrazzini
Chicken parmesan
Chicken and gravy

Chicken wrap
Chicken and rice soup
Chicken pot pie
Chicken tortilla soup
Chicken fajitas
Cream chicken and biscuits
Chef salad
Sweet and sour chicken
Chicken stir fry
Chicken chow mein

Egg Mix

Scrambled eggs
Cakes
Breads
Muffins
Omelets

French toast
Pancakes
Cookies
Bread pudding
Fried rice

Nonfat Dry Milk

Ranch dressing
Bread
Granola
Gravy
Tomato soup
Mashed potatoes
Biscuits
Cocoa

Pudding
Cheese sauce
Stew
Muffins
Cakes
Corn bread
Frosting
Macaroni and cheese

COMMODITY FOODS (Continued)

Oats

Fruit Crisp Crunchy pie toppings Oatmeal raisin cookies Peanut butter bars Meat loaf

Meatballs
Oatmeal muffins
Breads (quick and yeast)
Granola

Mixed Fruit (dried and canned)

Cookies
Upside-down cake
Fruit jello
Fruit salad
Fruit crisp
Muffins (trail mix and others)
Trail mix ("Gorp")
Cakes
Fruit cobbler
Ambrosia
Topping for oatmeal and other breakfast cereals
Add to salad bar

